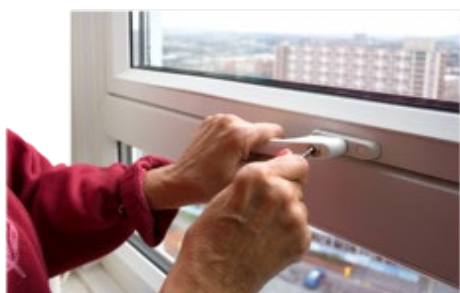


Environmental Restrictions

February 2021



An **environmental restriction** is when other people change things around you to change your behavior.

Environmental restrictions can keep you or other people safe and well.

It is an environmental restriction when someone else stops you from doing things in your house or outside.





Here are some examples of environmental restrictions:



- someone stops you from getting food any time you want



- someone stops you from going into the laundry or bathroom



- someone stops you from watching TV or using the computer



- someone locks the cupboards or fridge.



Can environmental restrictions ever be used?



Before we say it is okay to use an environmental restriction, we think about these things:



- What is best for you?



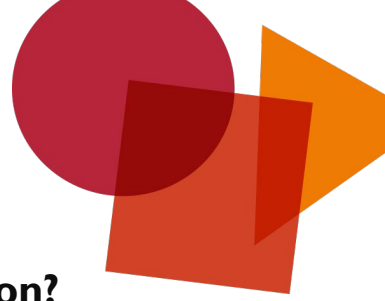
- What would happen to you if an environmental restriction was used?
- What would happen to you if an environmental restriction was **not** used?



- What things have been tried in the past?



- Will using the environmental restriction keep you safe and well?



Who gives permission to use environmental restriction?



Permission means it is ok to do something

The **Senior Practitioner** decides if an environmental restriction is allowed.

To help decide, they will talk to you. They might also talk to your family, advocate or service provider.



Tasmanian
Government



The Secretary of the Department of Communities Tasmania gives permission for environmental restrictions.

The permission lasts for 90 days.



You can contact the Senior Practitioner



The Senior Practitioner can answer questions about restrictions.



Telephone: (03) 6166 3567

Mobile: 0428 197 474



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Web:

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